#### 28/01/2025

# Newsletter

January Edition

### **Top news**

• We welcome four new

volunteers

- School started again
- Trip to the beach
- Adventures in Las Galeras
- Discovering Los Haitises and Cayo Levantado











Medicine & Healthcare

Breaking Barriers & M Youth Care Center



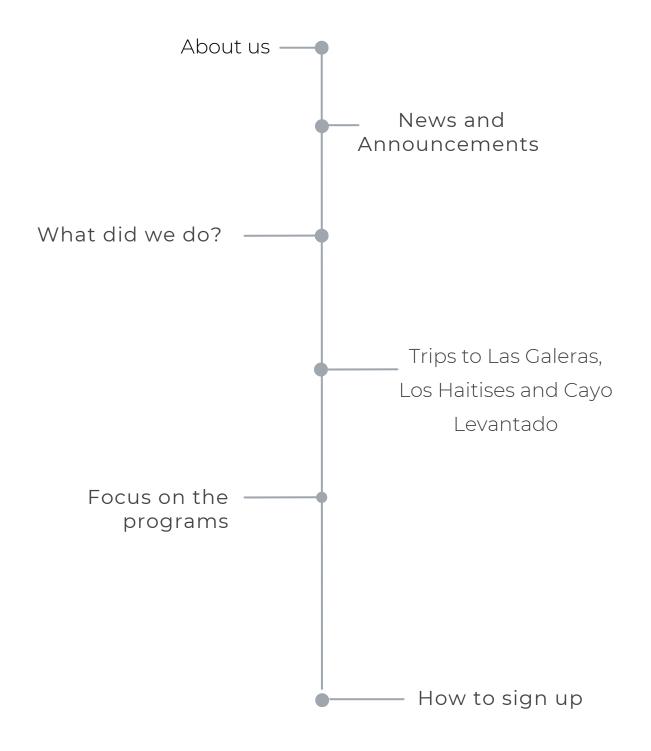
Multimedia



NGO Management

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### ABOUT US

We are independent from political, religious or business interests and maintain independence by completely funding and operating our programs with the practical and monetary contributions of volunteers and interns.

Aldeas de Paz is committed to delivering meaningful ethical volunteer programs by prioritizing community needs and fostering sustainable development. We promote responsible volunteering by providing predeparture information, ensuring cultural sensitivity, and advocating for ethical and responsible volunteer practices. We prioritize transparency, collaboration, and fair compensation for local staff and partners.

We promote a culture of peace and foster cross-cultural exchange for people of all races and nationalities and we practice voluntary community service where we provide additional opportunities in education, sports, culture, health care and social development. We assist our beneficiaries to develop their potential and improve their own lives.









#### **Our Volunteers**

We have currently four volunteers from France, Germany and Canada.

### School started again!

It resumed on Januar 13, 2025.

### Trips to Las Galeras, Los Haitises and Cayo Levantado

Three our four volunteers went for a Weekend Trip to Las Galeras and enjoyed the popular Playa Rincon and famous Caño Frío.

The next week they visited Los Haitises, one of the most significant national park in the Dominician Republic and Cayo Levantado, a beautiful little Island just before Samaná.

### Upcoming in February...

...four more volunteers will arrive

# Fun at the beach

On Wednesday the 22 of January we (the four volunteers along with our staff) and the children of the center went to the beach. We had a lot of fun, played volleyball and Aneicha even turned into a mermaid!









# **Trip to Las Galeras**



We started our Weekend Get Away by a ride with the guaga. It took about one hour and when we arrived, we almost needed an hour again to find our little Hotel on a mountain. But with a little help of the locals we finally succeded and it was worth it. With three Piña Coladas and an amazing view we wrapped up the evening.



With that view we enjoyed our freshly made typical dominician breakfast the next morning and started soon after that our hike to Playa Rincon. And yes we were determined to finish the whole 12 km hike without water and in sneakers.



Turns out that was not a good idea and even the weather was not in our favour, because shortly after, it started to rain so much we were drained after five minutes. As luck would have it we got saved by a Spanish family and drove with them back to Las Galeras.

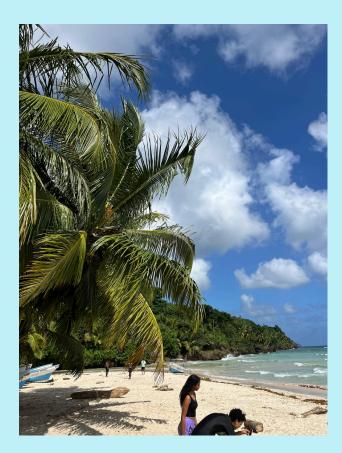




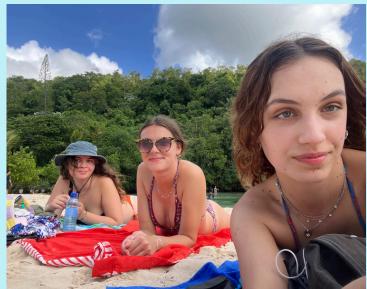
After that little adventure we took a lunch break at a french restaurant and moved our plans to visit the Paya Rincon the next day.



We just wanted to relax on the beach, therefore we decided to see the Playa Madama. This beach was very peaceful and luckily there were not many tourists. On Sunday and therefore our last day we gave the Playa Rincon another chance, but this time decided to try something different and take a motorcycle. It was so worth it. We made a deal with the two drivers to pick us up after almost three hours and so we had the early afternoon for ourselfs and could enjoy the beautiful Playa Rincon and Caño Frío, a small river right beside the sea.







Later we drove back, packed our backpacks and left Las Galeras.

# Boat trip to Los Haitises and Cayo Levantado

On Saturday morning we started our exhibition to Los Haitises, one of the most significant national park in the dominician republic.

We saw a lot of stalactive caves and were marvelling about the beauty of it.





Later we drove to Cayo Levantado, where we ate Lunch and after swam in the stunning crystalic water

# Multimedia

### -Samaná-



Our multimedia team is dedicated to promoting the foundation's initiative and sharing the ongoing projects.

### <u>What did we do this</u> <u>month?</u>

We have one volunteer from Germany in our volunteer prgramm. In January, we created the current Newsletter and uploaded posts in order to promote our foundation and raise awareness four our cause.



### **NGO Management**

### - Samaná



Volunteers in the NGO Program observe and assist the coordinator with office work, as well <u>as in-community project support</u>.

### What did we do this month?

We have two new volunteers from French for this programm, who organized the general opperations of the foundation for example the day to day running of the school and also started a new project to improve the City.



## **Breaking Barriers**

### - Samaná

Our Breaking Barriers Program is dedicated to psychoeducational care for our students with disabilities in the Youth Care Center (CAAP), home visits and promotion of inclusive spaces.

### What did we do this month?

This month we continued our normal opperations. At the middle of the month we had one volunteer from Canada. We have been providing enriching education in our classroom and during scheduled home visits.









### Interested in volunteering yourself with Aldeas de Paz?



peacevillages.org https://www.peacevillages.org > wh...

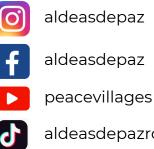
#### What we do | Volunteer with Aldeas de Paz -**Dominican Republic**

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**APPLY NOW** 

What we do: Cultural Exchange / Human Rights / Peace Culture√ Gender Equality√ Support for vulnerable Youth in Samaná & Las Terrenas.





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